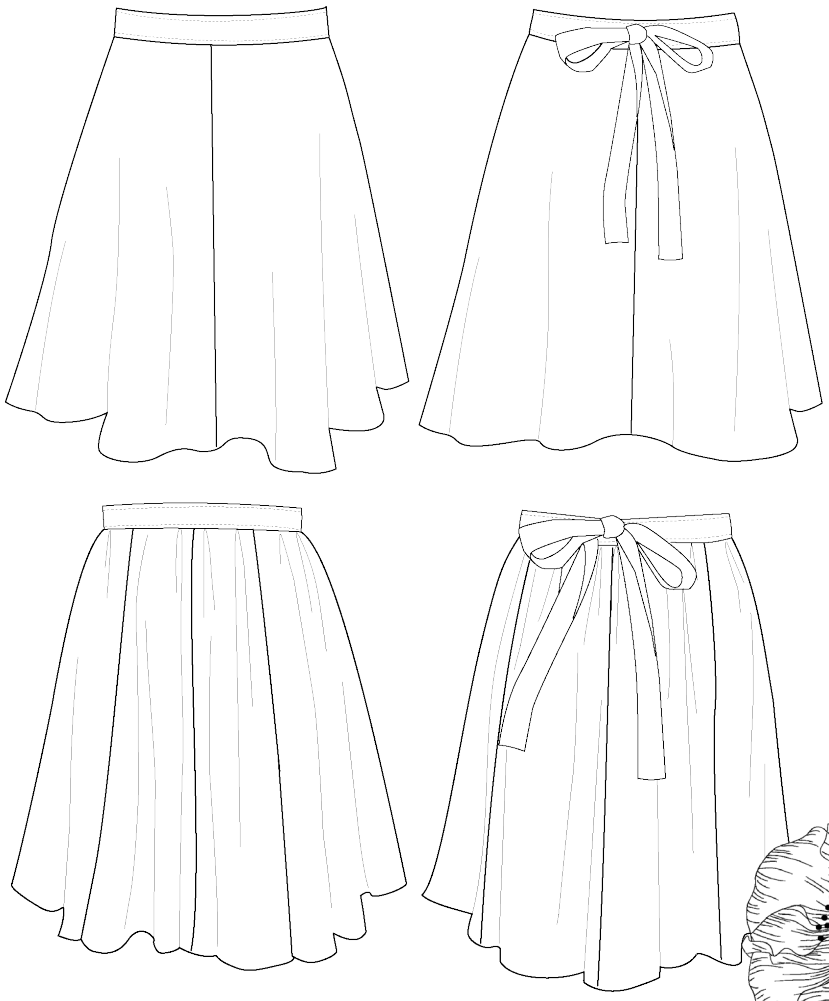
Wildflower Design

Sewing Patterns | Patrons de Couture



Coquelicot Skirt

Sizes 00-32 | Advanced Beginner - Intermediate | #wfcoquelicotskirt

@wildflower_design
Wildflower Design Patterns
www.wildflowerpatterns.com
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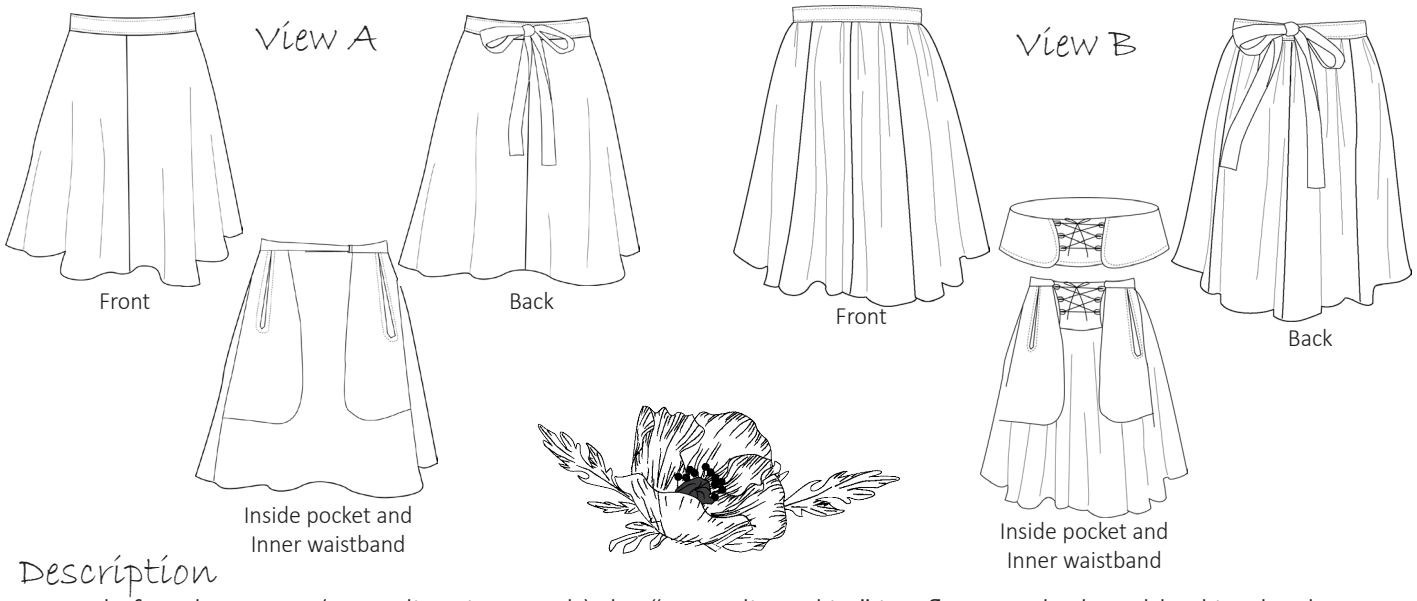
Pattern Information



Description

Named after the poppy (coquelicot in French) the "Coquelicot skirt" is a flowy and adaptable skirt thanks to its adjustable waistband. This skirt was inspired by a vintage silhouette of the 1940's and 50's with a historical twist with its 18th century inspired pockets. Perfect for history-bounding!

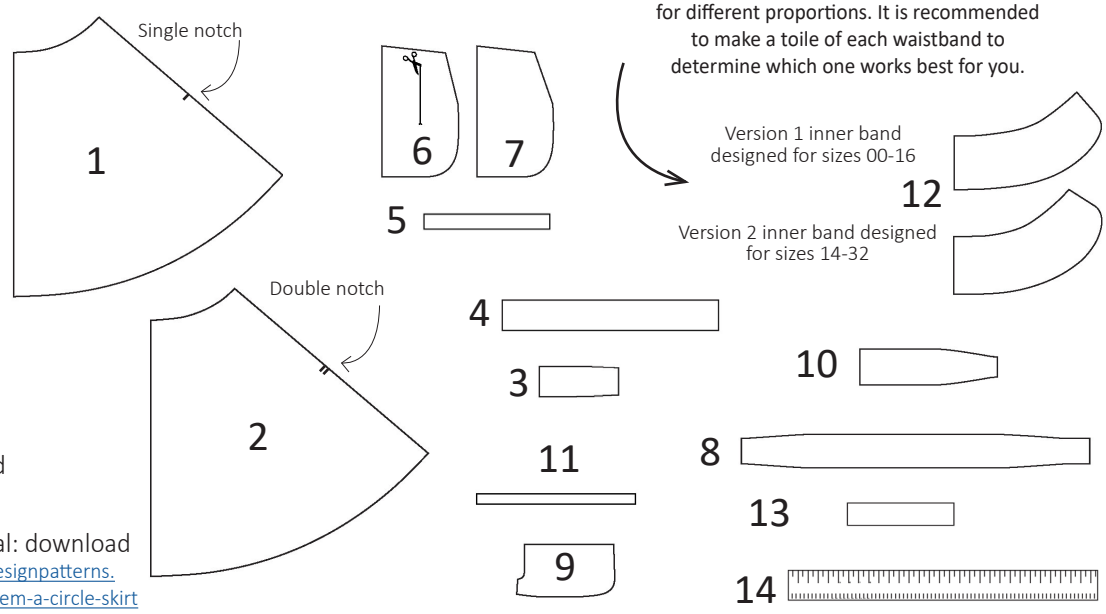
View A has a sleeker silhouette with a 1/2 circle skirt design and a simple adjustable waistband using a D ring. View B has a full gathered circle skirt with a comfortable wide inner laced waistband. Both views have ties that tie up in the back, however these can be easily elongated to have them wrap around to tie around the front if desired.

Difficulty Level

View A: Advanced Beginner
View B: Intermediate

Pattern Piece Inventory

1-Skirt Front
2-Skirt Back
3- Front Waistband
4-Ties
5-Pocket bias binding
6-Pocket front
7-Pocket Back
8- View A Back waistband
9-View B lacing panel
10-View B Back waistband
11-View B Lacing loops
12-View B Inner waistband
13-View A- D-ring loop
14-Bias Hem Ruler optional: download here: https://www.wildflowerdesignpatterns.com/post/my-favourite-way-to-hem-a-circle-skirt



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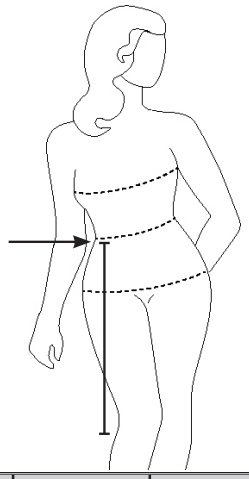
Size Selection, Body Measurements & Length Adjustments



Choosing a Size

The most important measurements that you will need to determine your correct size is your waist and the desired length for your skirt.

Body Measurements - Imperial (inches)/Metric (centimeters)

Size	00 / 0	2 / 4	6 / 8	10 / 12	14 / 16	18 / 20	22 / 24	26 / 28	30 / 32
Waist (cm)	65-67	70-72	75-77	80-84	89-93	98-102	107-113	119-126	132-138
Waist (Inches)	25 ½-26 ½	27 ½-28 ½	29 ½-30 ½	31 ½-33 ¼	35-36 ¾	38 ½-40 ¼	42-44 ½	47-49 ½	52-54 ½
Hip (cm)	85-88	90-93	95-98	100-105	109-114	118-123	127-133	140-146	152-159
Hip (Inches)	33 ½-34 ½	35½-36½	37½-38½	39½-41¼	43-44¾	46½-48¼	50-52½	55-57½	60-62½

Finished Garment Measurements

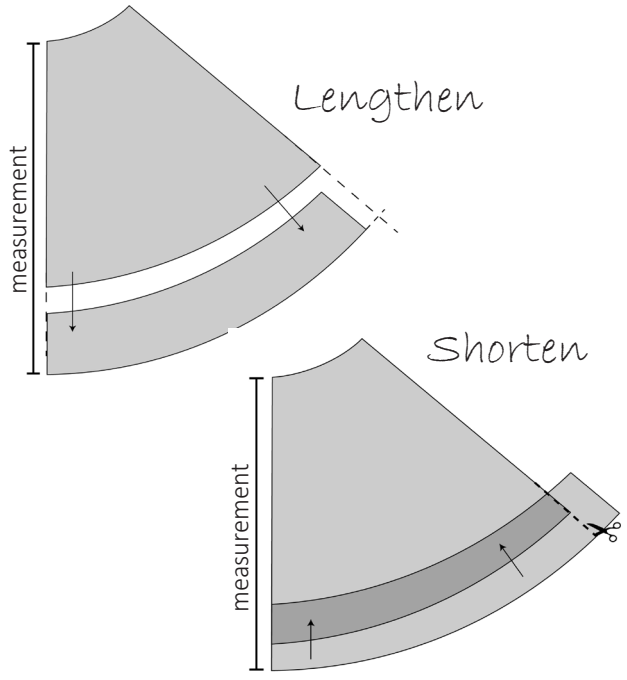
Size	00 / 0	2 / 4	6 / 8	10 / 12	14 / 16	18 / 20	22 / 24	26 / 28	30 / 32
Waistband cm/ (inches)	59-79cm (23-31")	63-83cm (25-33")	69-89cm (27-35")	74-94cm (29½-37½")	86-106cm (34-42")	92-112cm (36-44")	102-122cm (40¼-48¼")	115-135cm (45¼-53¼")	127-147cm (50¼-58¼")
Hip View A cm/ (inches)	129cm (51")	134cm (53")	138cm (55")	145cm (57")	154cm (61")	163cm (64")	172cm (67")	185cm (72")	198cm (78")
Hip View B cm/ (inches)	258cm (102")	268cm (106")	276cm (110")	290cm (114")	308cm (122")	326cm (128")	344cm (134")	370cm (144")	396cm (156")
Length Petite cm/ (inches)	62cm 24 ⅜"	62cm 24 ⅜"	62cm 24 ⅜"	62cm 24 ⅜"	62cm 24 ⅜"	62cm 24 ⅜"	62cm 24 ⅜"	62cm 24 ⅜"	62cm 24 ⅜"
Length Regular cm/(inches)	65cm 26 ⅝"	65cm 26 ⅝"	65cm 26 ⅝"	65cm 26 ⅝"	65cm 26 ⅝"	65cm 26 ⅝"	65cm 26 ⅝"	65cm 26 ⅝"	65cm 26 ⅝"

How to Lengthen / Shorten Pattern Pieces

The pattern has hem lengths for both petite height (158cm / 5ft 2) and regular height (166cm / 5ft 6). Knee placement for each is indicated on the skirt panels. If you require or prefer a longer or shorter length then do the following:

To lengthen, cut along the shorten/lengthen line and add paper in between, and extend the line from the top portion of the skirt to the new hem.

To shorten, cut the lengthen/shorten line and overlap the bottom piece over the top skirt portion to desired length. Cut off excess from the side on the bottom piece.



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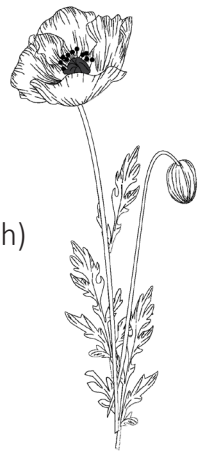
Notions, Recommended Fabrics and Fabric Requirements



Notions Required

-Fashion fabric
-Interfacing- ½ meter (⅝ yard) for View A (any width); ¾ meter (⅚ yard) for View B (any width)
-Thread
-View A only: **2**-(2.5cm /1 inch) D rings (usually sold as a pair)
-View B only: 6mm-12 mm (¼- ½ inch) wide ribbon at approx. 190cm (75 inches) long

Recommended Fabrics:

A variety of light to mid-weight woven fabrics 130-200gsm (4-6 oz/yard such as rayon (AKA viscose) twill or poplin, tencel twill, cottons- quilting, shirting, poplin, wool suiting, twill, worsted, plain weave, mid-weight linen.
View A is the most versatile for different fabric weights and types. For View B a fabric with more structure is recommended for the inner waistband, however you can use a lighter weight fluid fabric, and interline the inner band with a different fabric with more structure. Alternatively you can make view B skirt with view A's waistband. If you prefer a skirt with less volume, use a fluid fabric such as rayon/viscose or tencel.

Fabric Requirements:

***Amounts below do not include fabric allowance for the optional bias hem facing. For View A, add: 0.5 meter (0.75 yard); View B add: 1 meter (1¼ yard) of same fabric or as a separate amount for a coordinating/contrasting color or print fabric for extra fun!**

View A- Metric (Meters):

Fabric Width	00 / 0	2 / 4	6 / 8	10 / 12	14 / 16	18 / 20	22 / 24	26 / 28	30 / 32
150cm	2.25	2.25	2.25	2.5	2.75	2.75	3	3.5	3.5
140cm	2.5	2.5	2.5	2.75	3	3	3.5	3.75	3.75
110cm	3.25	3.25	3.5	3.5	3.75	4	4	4.5	4.5

View A- Imperial (Yards):

Fabric Width	00 / 0	2 / 4	6 / 8	10 / 12	14 / 16	18 / 20	22 / 24	26 / 28	30 / 32
60"	2 ½	2 ½	2 ½	2 ¾	2 ¾	2 ¾	3¼	3 ½	4
54"	2 ¾	2 ¾	2 ¾	3	3 ¼	3 ¼	4	4 ¼	4 ½
44"	3 ½	3 ½	3 ¾	3 ¾	4	4 ½	4 ½	5	5

View B- Metric (Meters):

Fabric Width	00 / 0	2 / 4	6 / 8	10 / 12	14 / 16	18 / 20	22 / 24	26 / 28	30 / 32
150cm	3.75	3.75	3.75	4	4.25	4.25	4.5	4.5	4.5
140cm	4	4	4	4.5	4.75	5.25	5.5	6	6
110cm	5.25	5.25	5.25	5.25	5.25	6	6.5	7	7

View B- Imperial (Yards):

Fabric Width	00 / 0	2 / 4	6 / 8	10 / 12	14 / 16	18 / 20	22 / 24	26 / 28	30 / 32
60"	4 ½	4 ½	4 ½	4 ⅜	4 ⅝	4 ½	5	6	6
54"	4 ½	4 ½	4 ½	5	5 ¼	5 ¼	5 ¾	6 ½	6 ½
44"	5 ½	5 ½	5 ½	5 ¾	5 ¾	6 ⅝	7 ⅛	7 ⅝	7 ⅝

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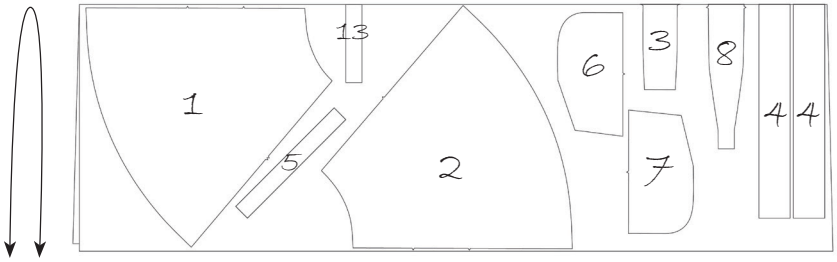
Cutting Layouts - View A

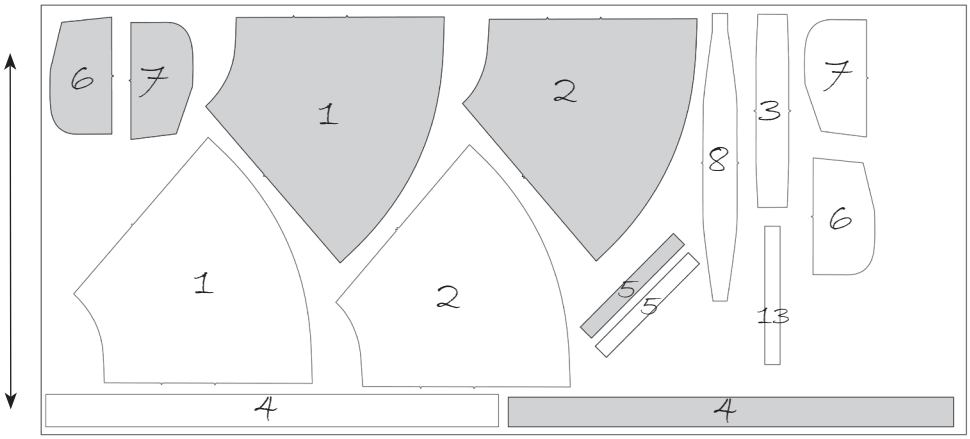
Pattern piece face up

Pattern piece face down

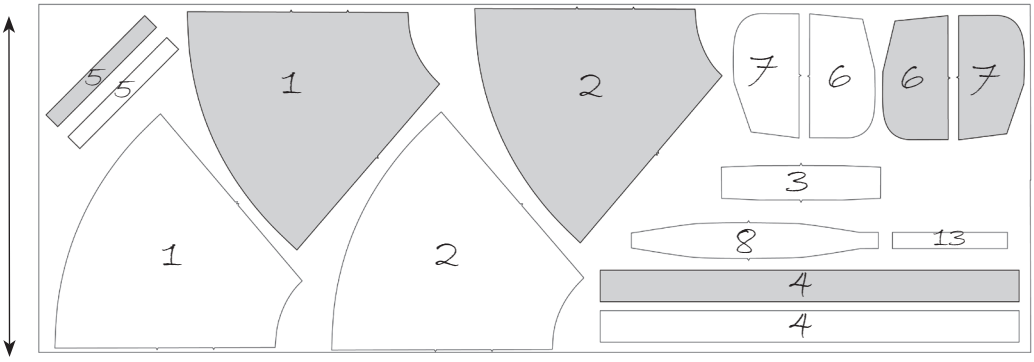
150cm (60”) Fabric, Sizes 00-16 / 140cm (54”)Fabric, Sizes 00-4, **Fabric Folded**



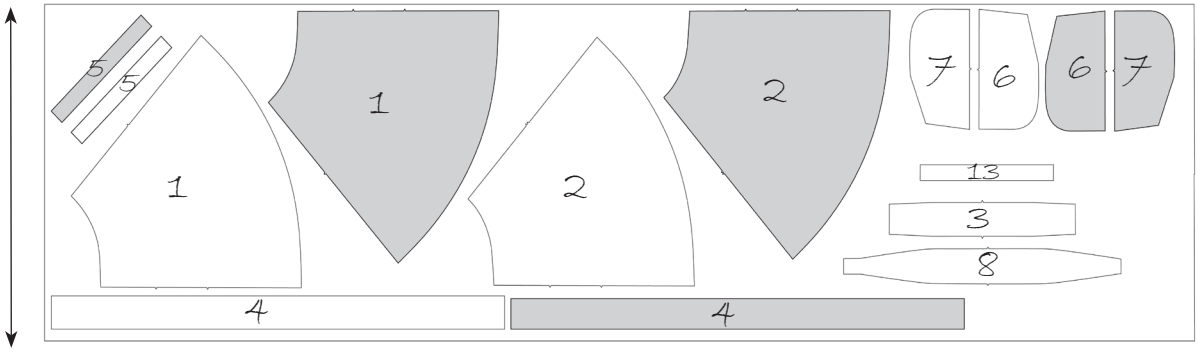
150cm (60”) Fabric, Sizes 18-32 / 140cm (54”)Fabric, Sizes 6-32, **Cut with fabric open**



110cm (45”) Fabric, Sizes 00-12, **Cut with fabric open**



110cm (45”) Fabric, Sizes 14-32, **Cut with fabric open**



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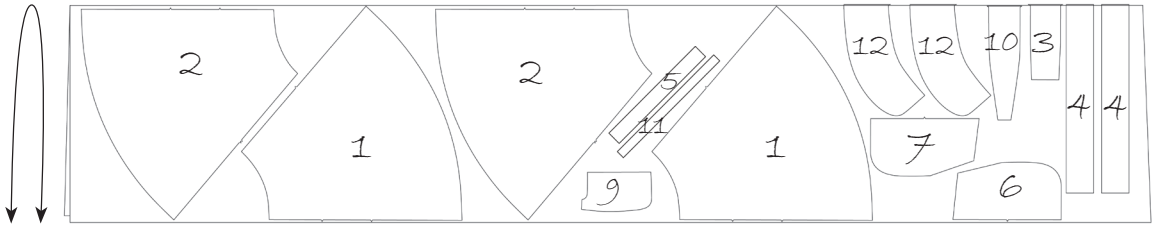
Cutting Layouts - View B

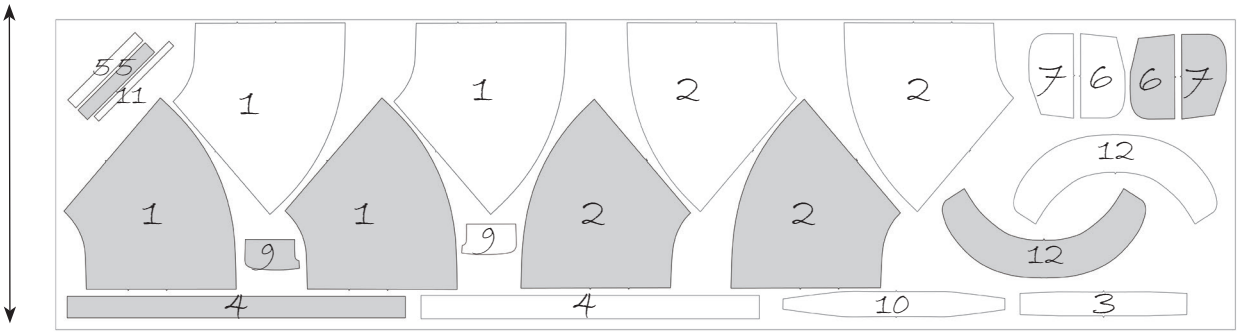
Pattern piece face up

Pattern piece face down

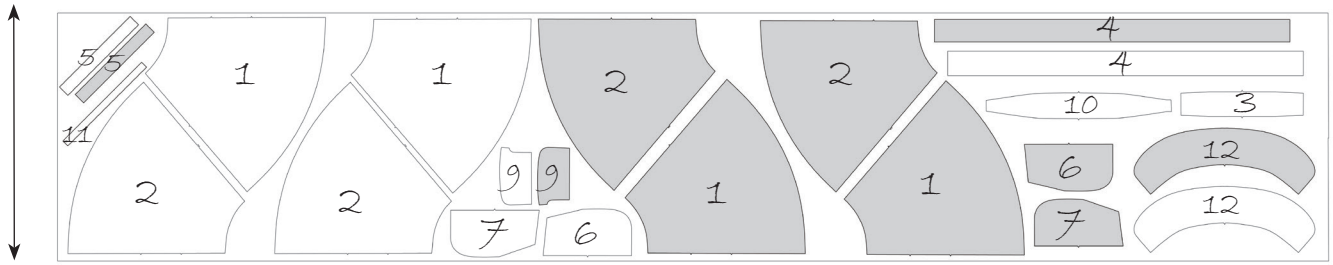
150cm (60”) Fabric, Sizes 00-16 / 140cm (54”)Fabric, Sizes 00-4, **Fabric Folded**



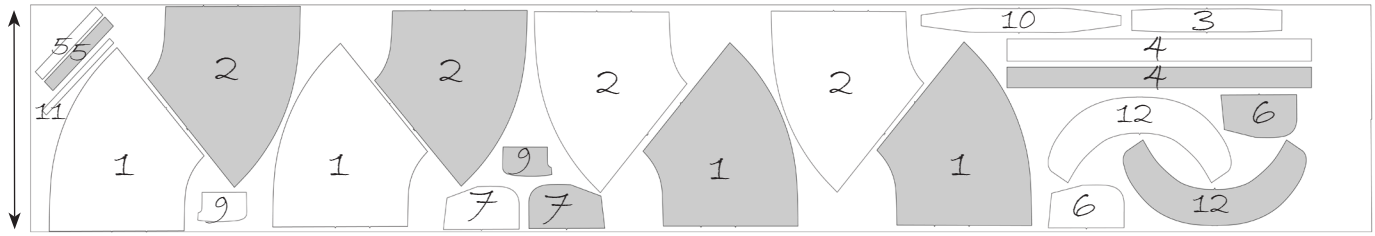
150cm (60”) Fabric, Sizes 18-32 / 140cm (54”)Fabric, Sizes 6-32, **Cut with fabric open**



110cm (45”) Fabric, Sizes 00-16, **Cut with fabric open**



110cm (45”) Fabric, Sizes 18-32, **Cut with fabric open**



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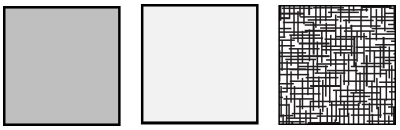
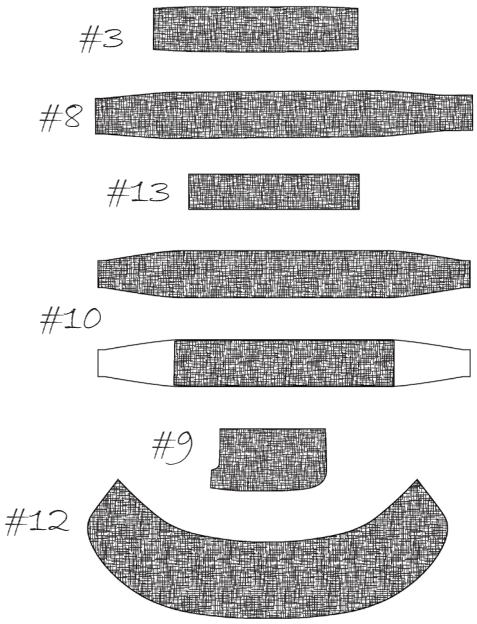
Sewing Instructions:



Video Tutorial

SCAN ME!

Or Visit https://www.youtube.com/@wildflowerdesignpatterns



For thicker fabrics, interface the inner portion not including the seam allowance or within the middle portion only

Step 1: Interfacing

Interface the following pieces:

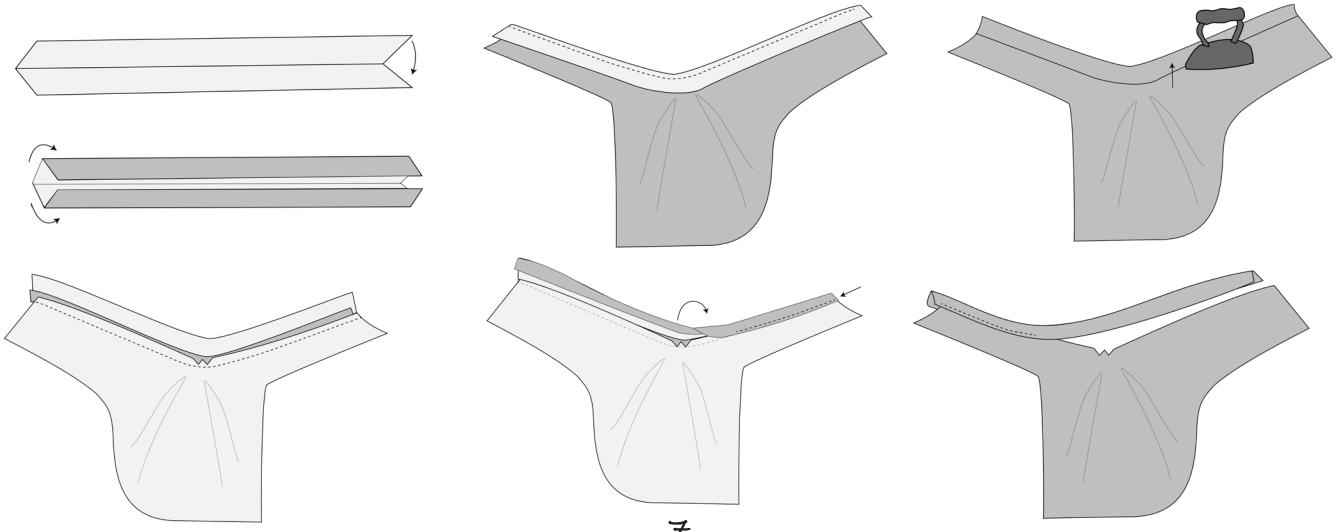
- ✧ #3 Front waistband piece (View A & B)
- ✧ #8 Outer back waistband piece View A
- ✧ #13 D- ring loop
- ✧ #10 Outer back waistband piece (View B)
- ✧ #9 Lacing panel (View B)
- ✧ #12 Inner waistband piece (View B)

Choose a fusible or sew-in interfacing that is the same or lighter weight than your fabric. If using sew-in interfacing, you can use another layer of your fashion fabric, or lightweight cotton or linen can be good options.

Step 2: Pockets

Press pocket bias binding (#5) in half lengthwise, creating a line in the center. Open up and turn in outer edges to meet the center line and press. Fold again and press.

Cut the slit open on pocket front (#6) as indicated on pattern (21 cm/8 inches). Staystich around the pocket slit to prevent it from stretching out of shape. Open slit of pocket, insert fabric edge into the pocket bias binding, pin and top-stitch along the inner edge of the bias binding, ensuring both sides are being sewn. It is helpful to open the pocket slit so it lays flat while sewing and gently curving and not pulling on the bias strip as you sew the bias to the center of the slit. Continued on next page...



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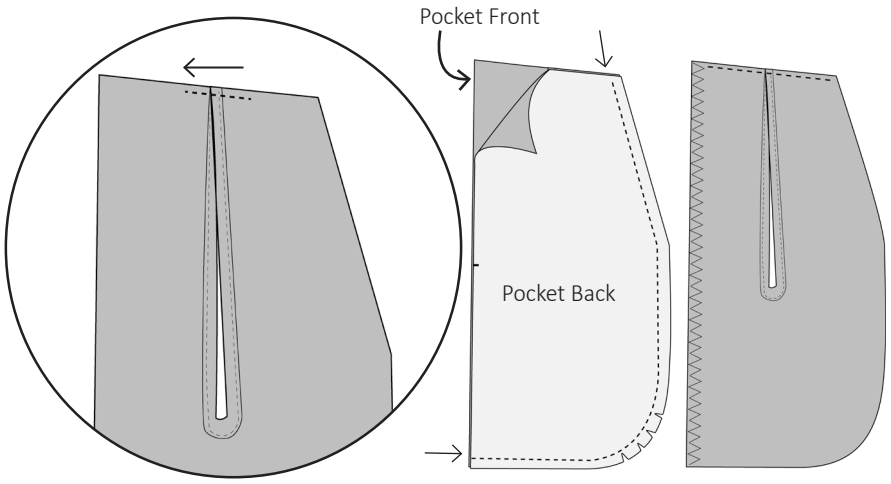
If your fabric and bias binding is made from a fluid fabric then it may be easier to sew as follows:
1. Sew the tape RS together to the front of the pocket with a SA of 1cm (⅜ inch).
2. Press up and fold bias to the back.
3. Hand stitch or top-stitch by machine the opposite side along the inner edge.

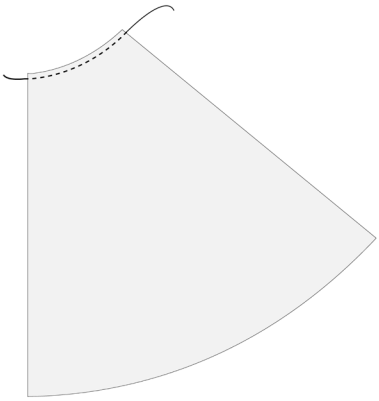
Overlap the bias binded ends of the pocket front by 2cm (¾ inch) and baste the pocket top to keep it in place.
Pin and sew the outer curved edge of the pocket front to pocket back (#7) RS together with 1.5cm (⅝ inch) SA, and clip along curves. Finish seams with pinking shears, overlocker or zig zag stitch.
Turn out pocket and press. Finish the straight edge of the pocket with your preferred method such as zig zag stitch, overlocker or bias binding.
Baste the top of the pocket within the seam allowance.

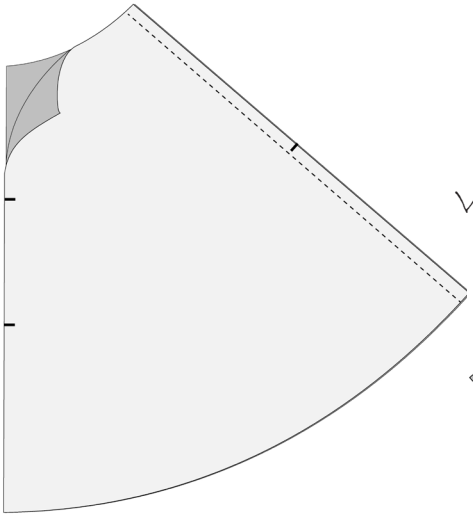


Step 3: Skirt

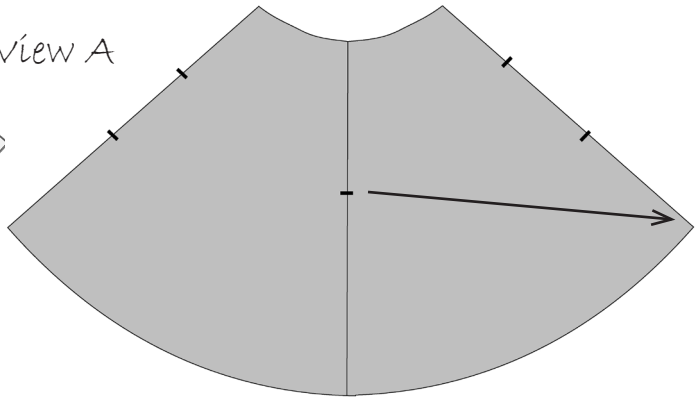
Start by staystiching the waistband of all the skirt panels to prevent them from stretching out. Sew about 6 mm (¼ inch) from the edge.

View A:
Pin and sew together the two front skirt panels (#1), matching center notch (single notch). Finish and press open seam. Repeat for the back skirt. Back skirt (#2) will be the same but will have a double center notch. Do not sew front and back together yet, this will get completed in a later step.

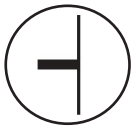




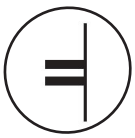
View A



Skirt Panels sewn together. Image shows notch placement.



Front skirt panels will have a single center notch.



Back Skirt panels will have a double center notch.

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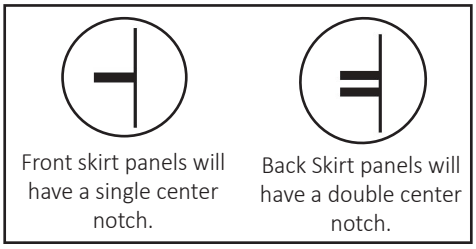
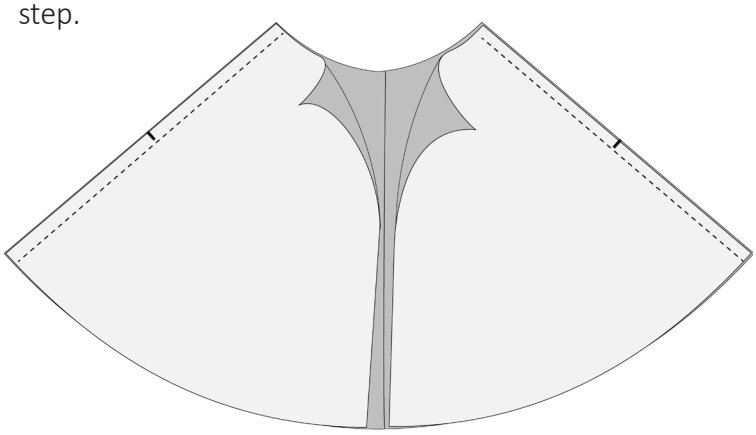
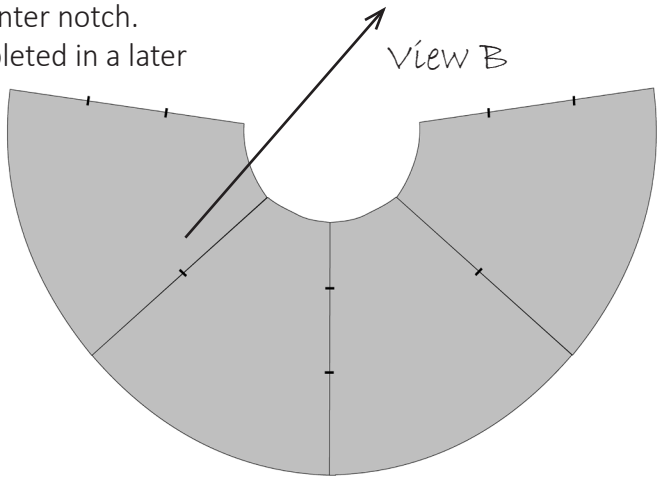
View B:
Pin and sew 2 of the front skirt (#1) panels RS together along the edges without notches, finish and press open seam. Then sew another skirt front panel on each side matching center notches.
Pin and sew 2 of the back skirt(#2) panels RS together along the edges with notches spaced apart, finish and press open seam. Then sew another skirt back panel on each side matching double center notch.
Do not sew front and back together yet, this will get completed in a later step.



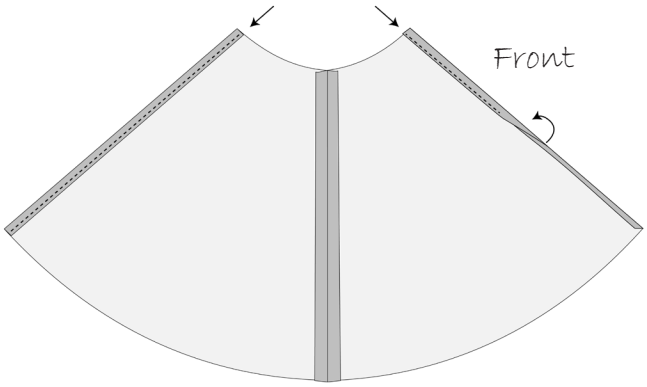


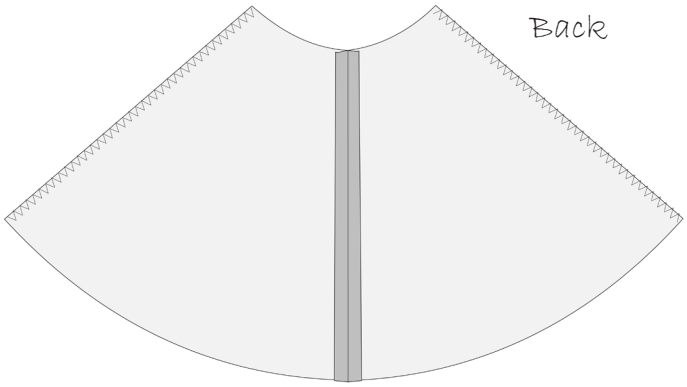


Skirt Panels sewn together. Image shows notch placement.

Finish side seams

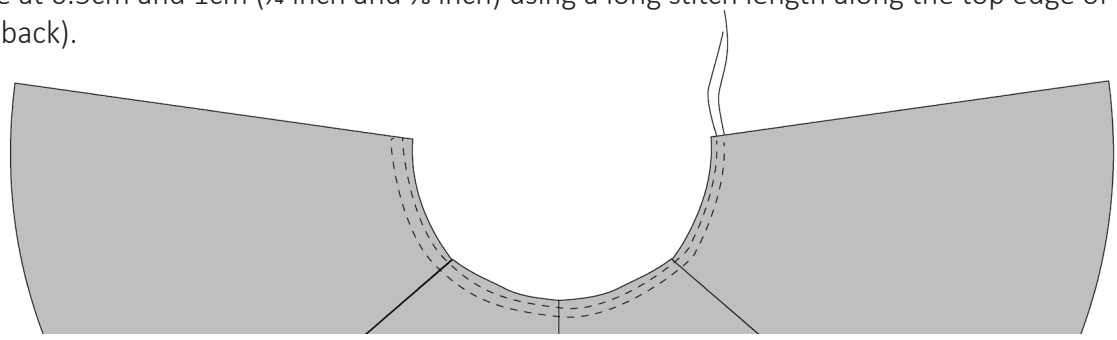
For front skirt (shown below for view A, but applies to both views), turn in the seam allowance from the sides 6mm (¼ inch) then again 1cm (⅜ inch) and sew down 3mm (⅛ inch) along folded edge. For the back skirt, finish the raw edges along each side with a zigzag stitch, overlocker or pinking shears.





Gather skirt (View B)

Baste a line at 0.5cm and 1cm (¼ inch and ⅜ inch) using a long stitch length along the top edge of the skirt (front and back).



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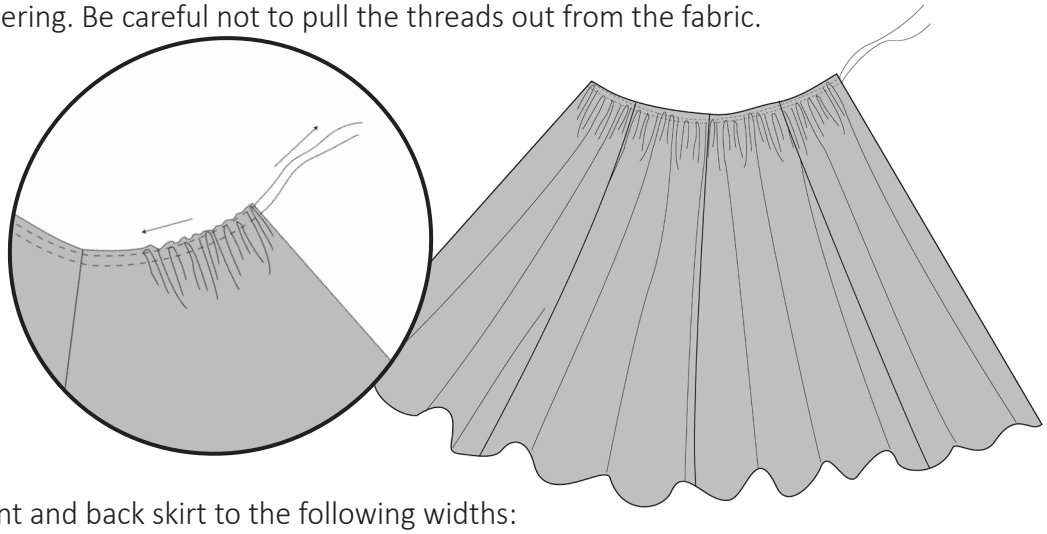
Knot the threads together on one side and on the opposite side hold the bobbin threads while gently pushing the fabric along the threads to evenly distribute it. You can also knot and hold the threads on each side while gathering. Be careful not to pull the threads out from the fabric.

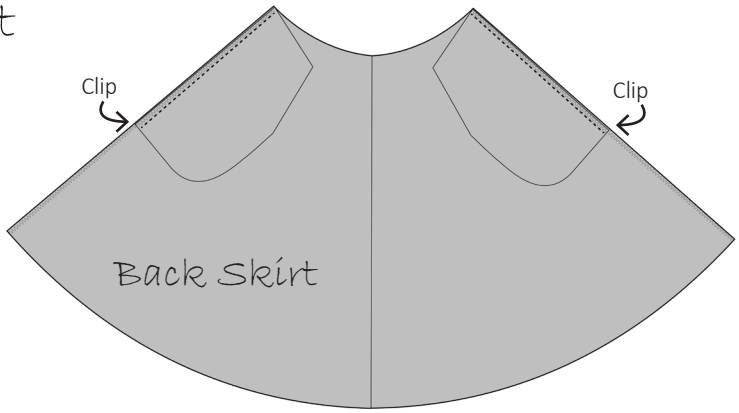


Gather the front and back skirt to the following widths:

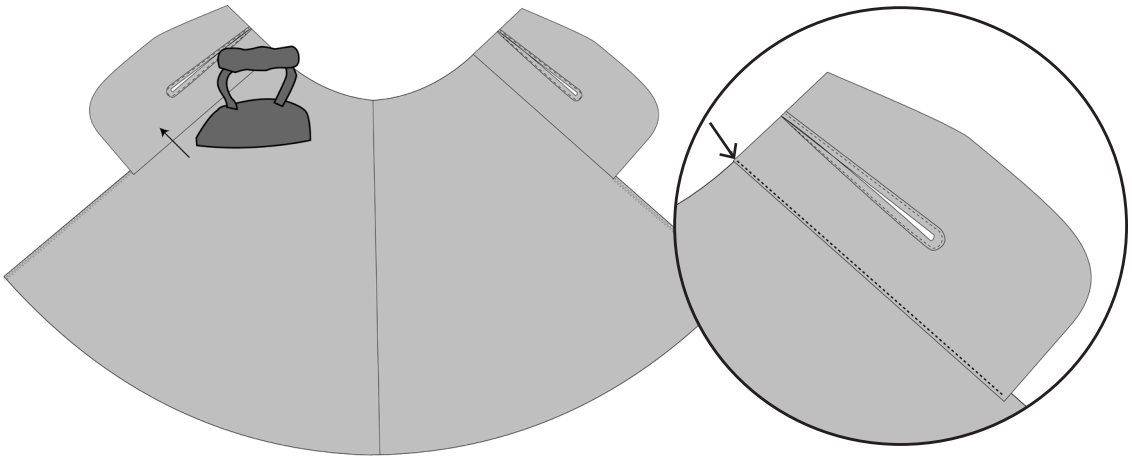
Size	00 / 0	2 / 4	6 / 8	10 / 12	14 / 16	18 / 20	22 / 24	26 / 28	30 / 32
Front Skirt (cm)	33	35.5	38	41	45.5	50	55	61.25	67.5
Front Skirt (inches)	13	14	15	16 ⅛	18	19 ⅝	21 ⅝	24 ⅛	26 ⅝
Back Skirt (cm)	37	39.5	42	45	49.5	54	59	65.25	71.5
Back skirt (inches)	14 ⅝	15 ½	16 ½	17 ¾	19 ½	21 ¼	23 ¼	25 ¾	28 ⅛

Step 4: Attach pockets to skirt

Align top of pocket with the back skirt RS together with 1.5cm (⅝ inch) SA, making sure to backstitch once you reach the bottom of the pocket.
Clip into the seam 1 cm (⅜ inch) just under the pocket.



Press pocket out away from the skirt and top-stitch 2-3mm (<⅛ inch) from seam. Repeat for the other side.



View A: Skip to step 7 (pg. 13)

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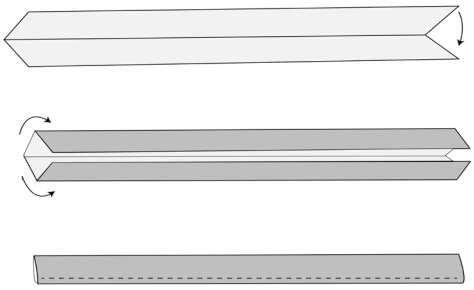
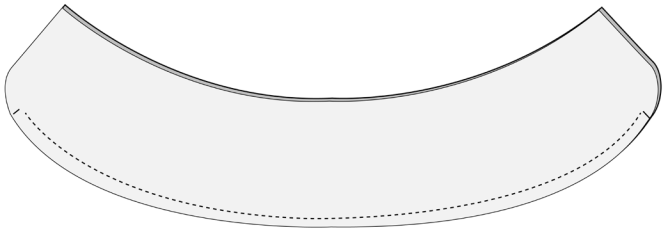
Step 5: lacing loops and Inner Waistband (View B)

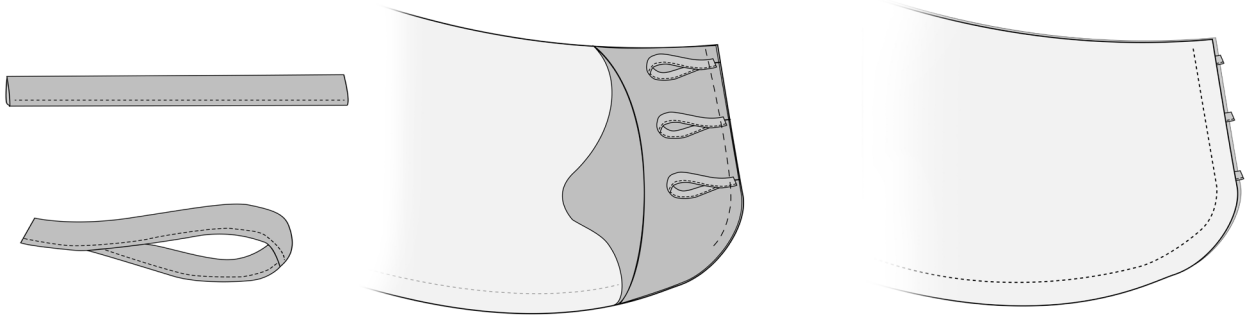


The lacing loops (piece #11) are created the same way that double fold bias tape is made.
-Press in half lengthwise- creating a line in the center.
-Open up and turn in outer edges to meet the center line and press.
-Fold again and press.
-Sew along edge at 3mm (⅛ inch).
-Cut strip into 6 pieces (8cm/3 inches long).

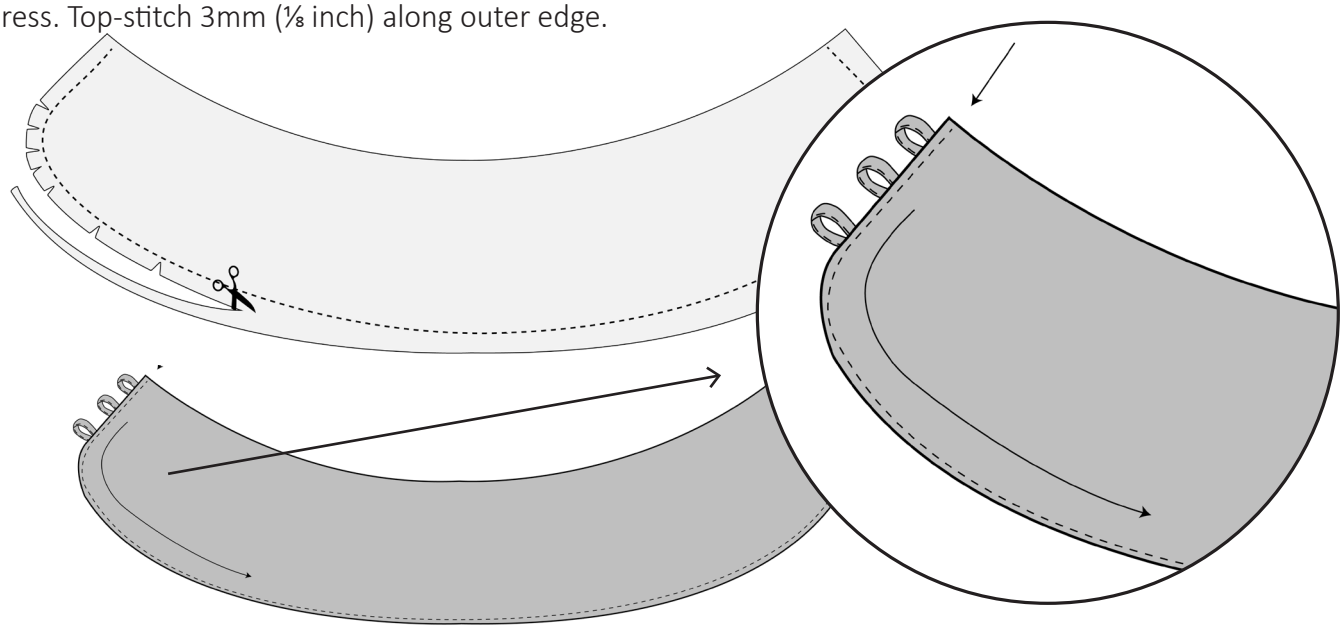


Place waistband pieces (pattern piece #12) right sides (RS) together, pin and sew along outer edges, with a seam allowance of 1.5cm (⅝ inch) starting and ending at the notches at each bottom corner.

Shape the strips (created in previous step) into loops and pin to the RS of the waistband (between the 2 layers) with the loop facing inwards. Baste loops into place with a 1cm (⅜ inch) seam allowance (SA). Sew the remainder of the waistband at 1.5cm (⅝ inch) SA.



Trim the SA of the interfaced piece down to 6mm (¼ inch) and clip into SA along curves. Turn RS out and press. Top-stitch 3mm (⅛ inch) along outer edge.



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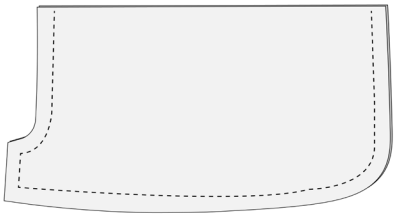
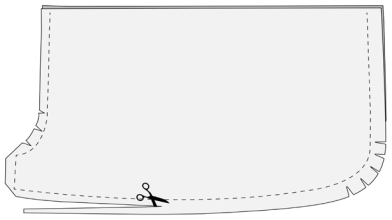
Step 6: Lacing panel (View B)

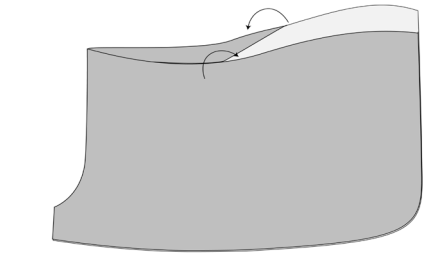
Pin and sew lacing panel pieces (#9) RS together, with SA of 1.5cm (⅝ inch), leaving straight edge open.

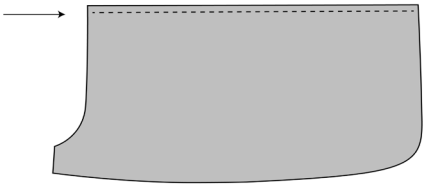


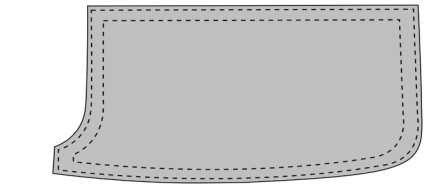
Trim SA down to 6mm (¼ inch) and clip into SA along curves, and clip corners



Turn right side out and press.

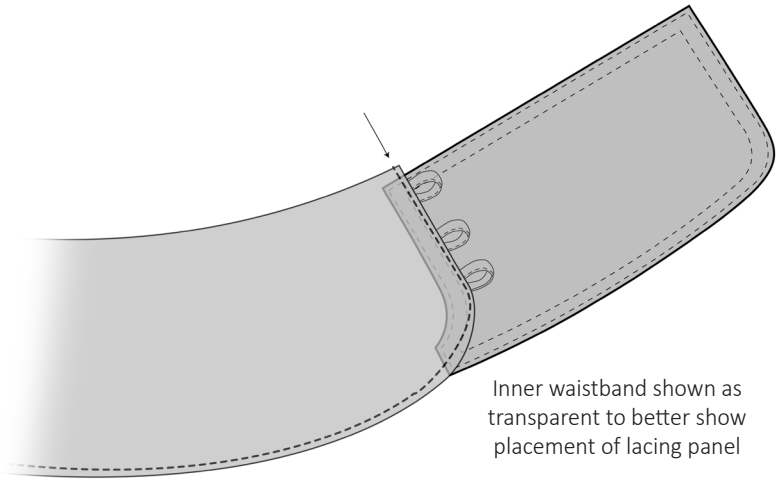






Turn in straight edge 1.5cm (⅝ inch) and press.

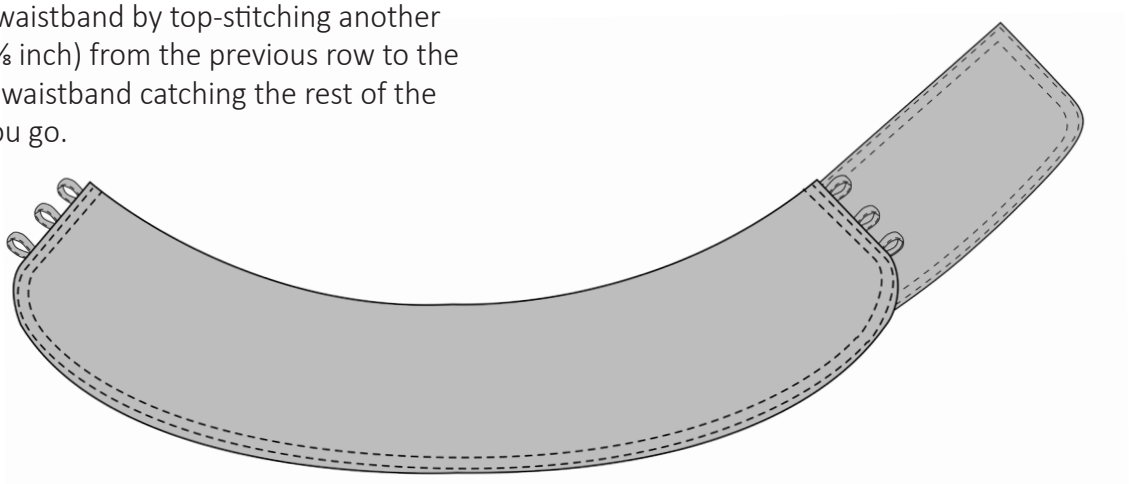
Begin top-stitching 3mm (⅛ inch) along outer edge and another row 1cm (⅜ inch) from 1st row of stitches, all around the piece.



Inner waistband shown as transparent to better show placement of lacing panel

Pin the lacing panel to the inner waistband by overlapping the waistband over the panel along the concave curve by approx. 1.5cm (⅝ inch). Top-stitch 3mm (⅛ inch) from edge over the existing top-stitching on the waistband.

Finish the waistband by top-stitching another row 1cm (⅜ inch) from the previous row to the rest of the waistband catching the rest of the panel as you go.



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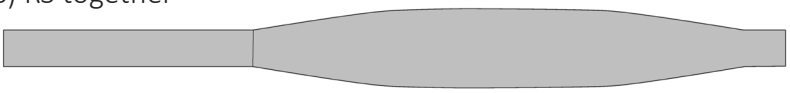
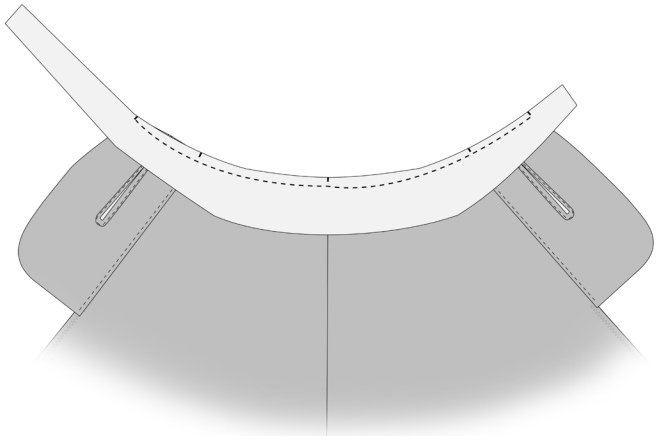
View B: Skip to page 14

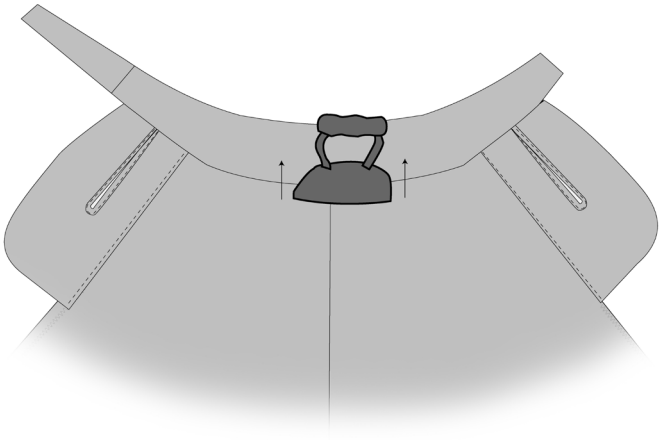
Step 7: Finish Back skirt (View A)

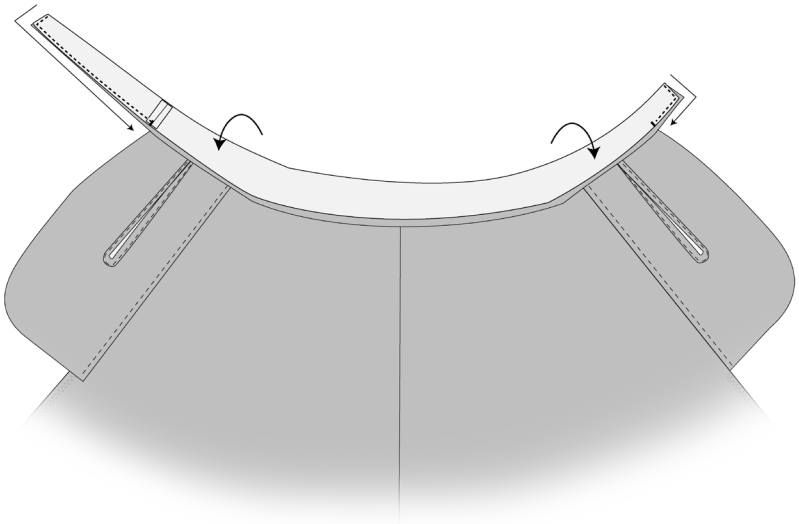
Place D-ring loop (#13) and back waistband (#8) RS together and sew at 1.5cm (⅝ inch) SA. Press.



Place the back waistband piece RS together with the back skirt, aligning notches, pin and sew at 1.5cm (⅝ inch) SA. Press the band upwards.

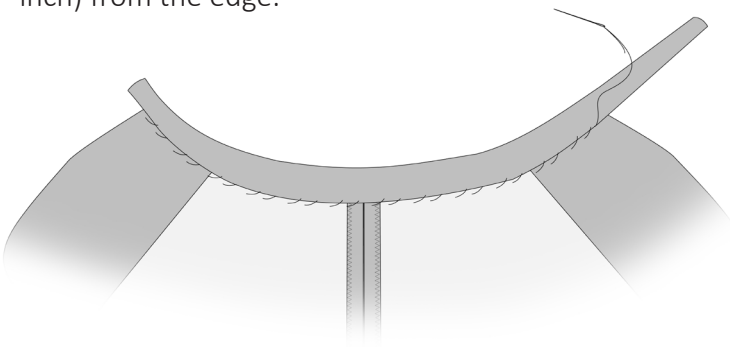


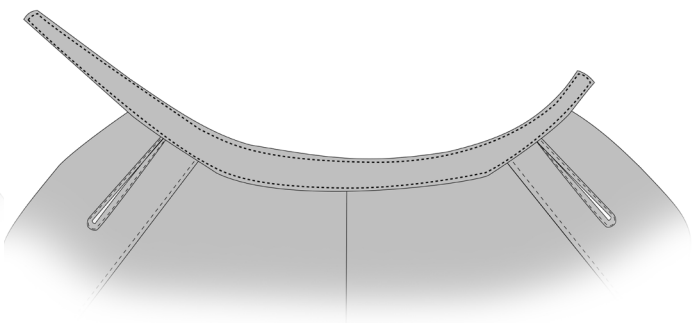




Fold over band in half so that RS are facing each other.
Sew starting at short end, SA of 1.5cm (⅝ inch) stopping just before the pocket. Backstitch a few stitches, then clip corners of waistband ends, turn out and press.

Hand sew the band from the inside or pin or baste by hand then top-stitch along the outer edge 3mm (⅛ inch) from the edge.





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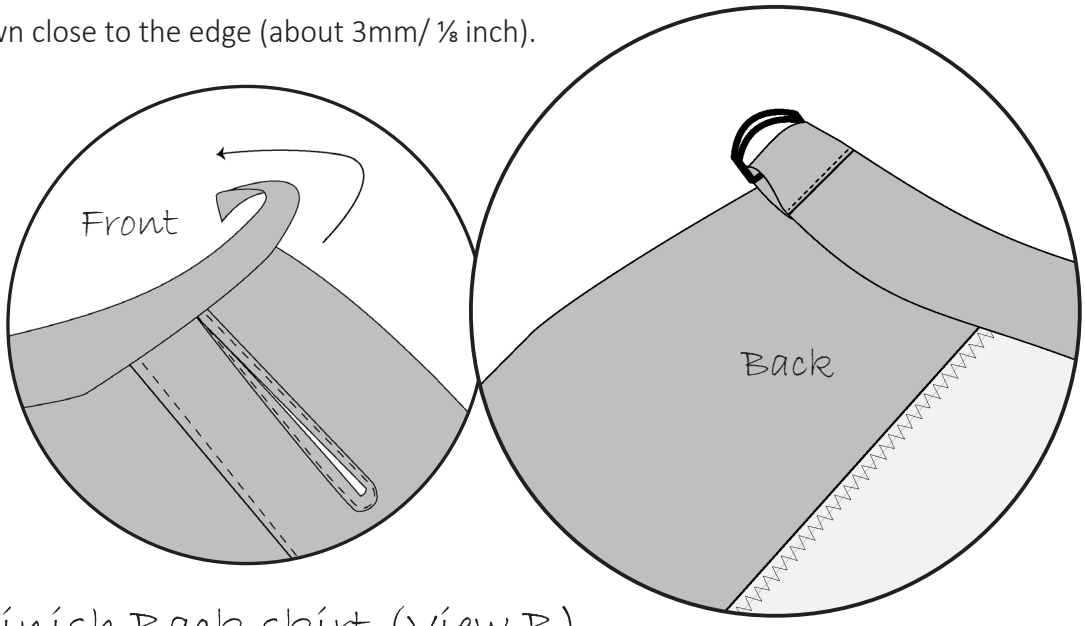
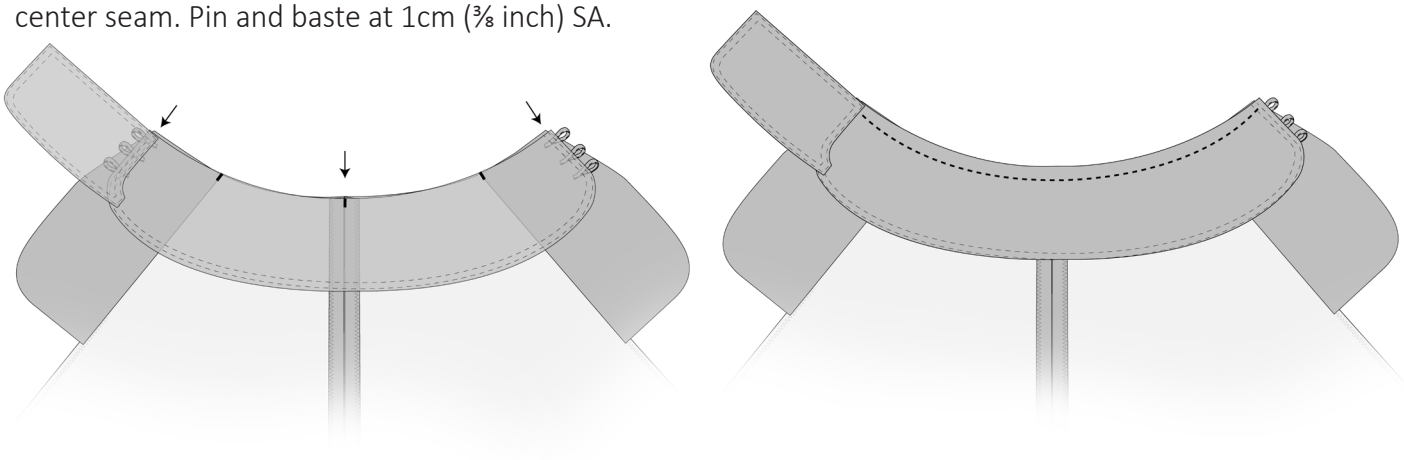
Insert the short waistband end through the D rings and fold over to the backside by 2.5cm (1 inch).

Top-stitch down close to the edge (about 3mm/ ⅛ inch).



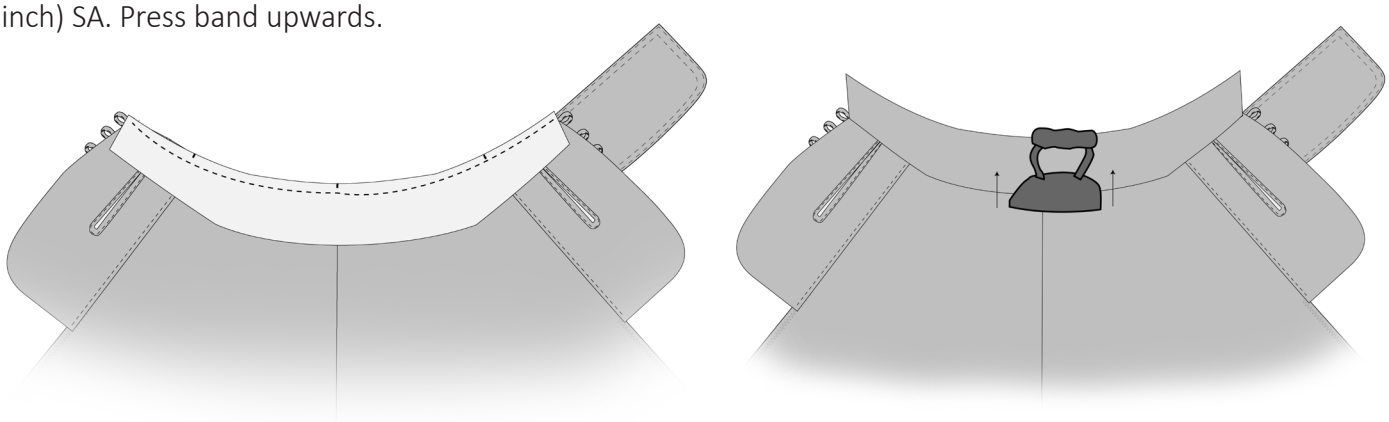
Step 8: Finish Back skirt (View B)

Place the RS of the inner waistband to the WS (Inside) of the back skirt, aligning center notch with back center seam. Pin and baste at 1cm (⅜ inch) SA.



Inner Waistband shown as transparent to show alignment of the notches

Place the back waistband piece RS together with the back skirt, aligning notches, pin and sew at 1.5cm (⅝ inch) SA. Press band upwards.



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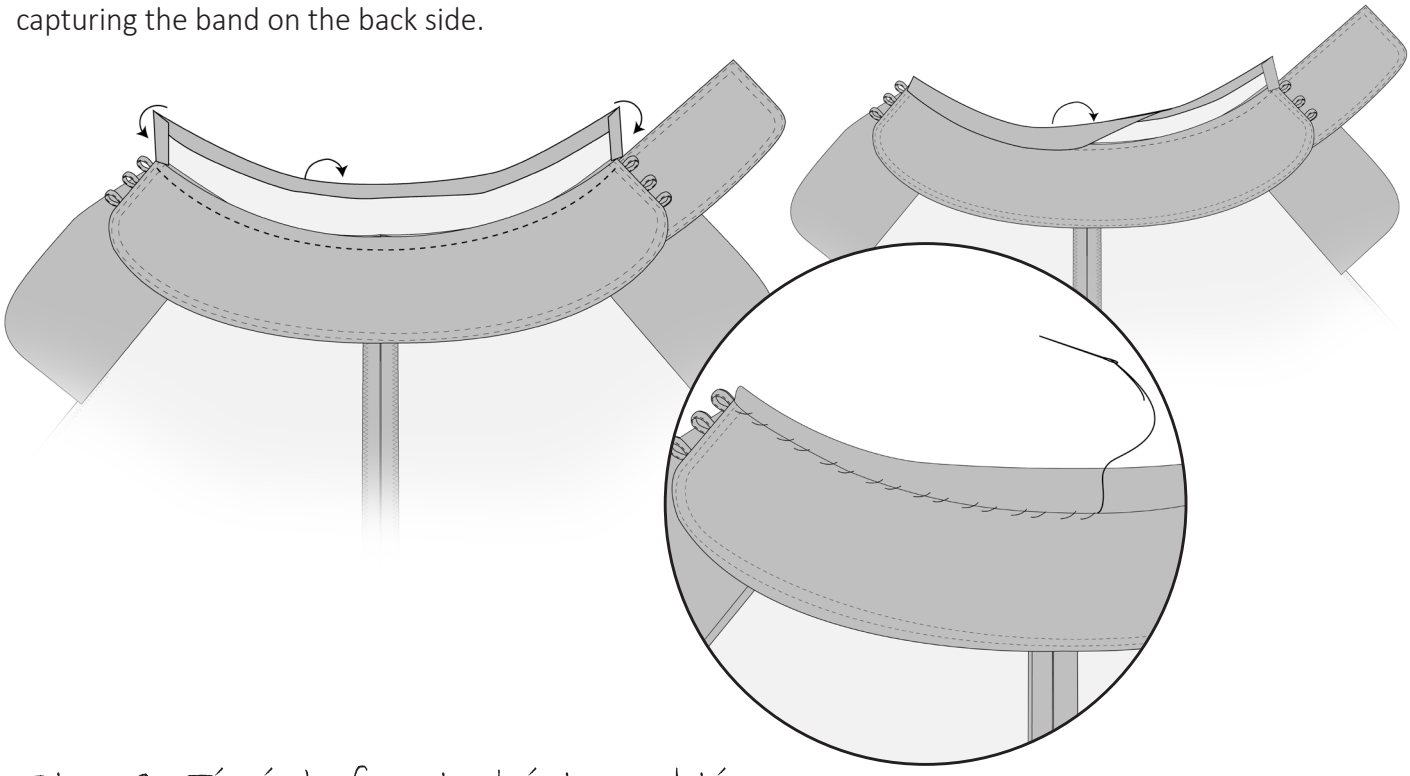
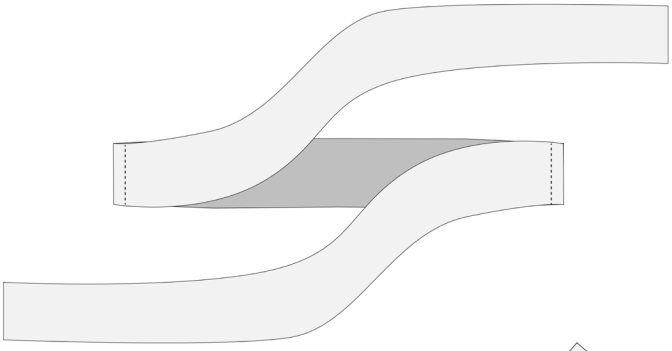
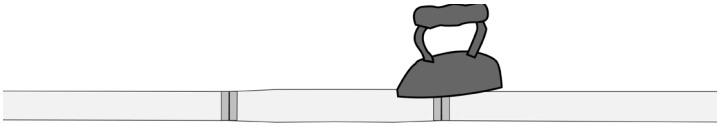
Fold over top edge by 1.5cm (⅝ inch) and press, then fold, pin and sew down the waistband by hand. Alternatively, you can top-stitch the band from the front at ⅛ inch from the seam, ensuring you are capturing the band on the back side.



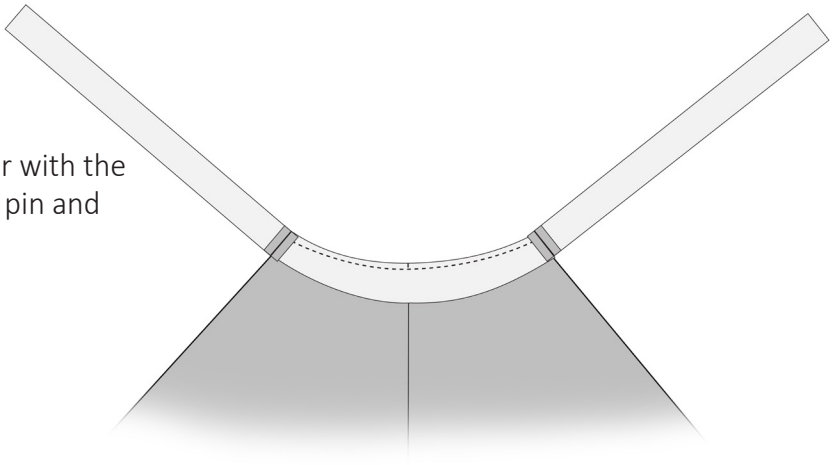
Step 9: Finish front skirt and ties

Sew together the front waistband (#3) to the ties (#4) RS together along short ends, creating one long piece with the front waistband piece in the center. Press open seams.





Place the front waistband piece RS together with the top of the front skirt aligning center notch, pin and sew at 1.5cm (⅝ inch) SA.



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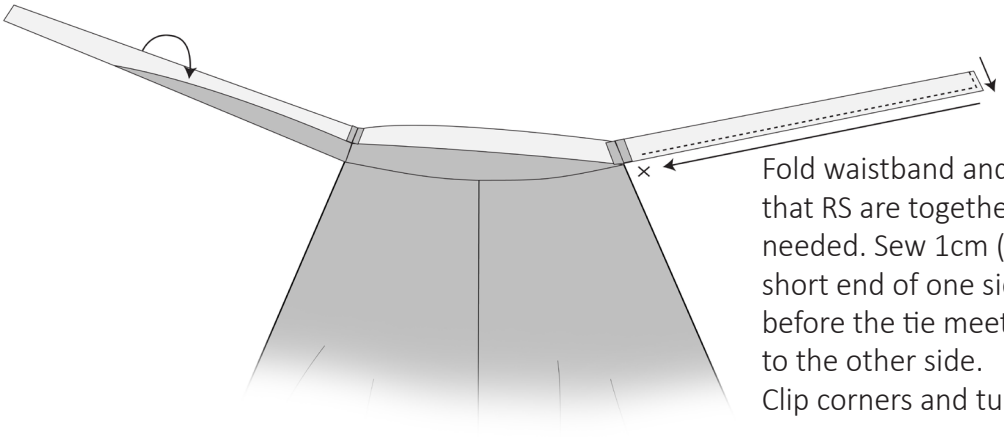
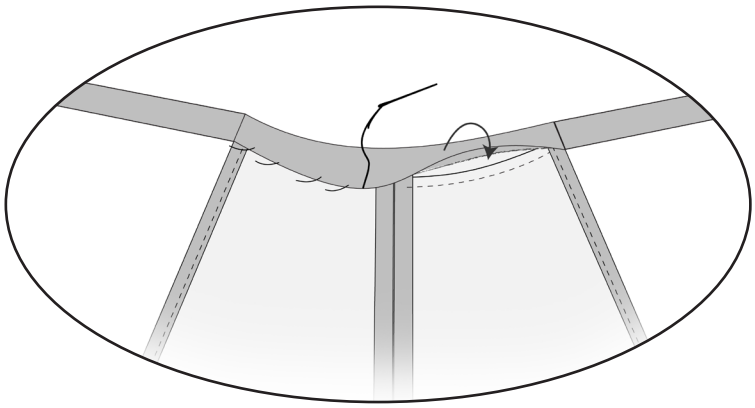
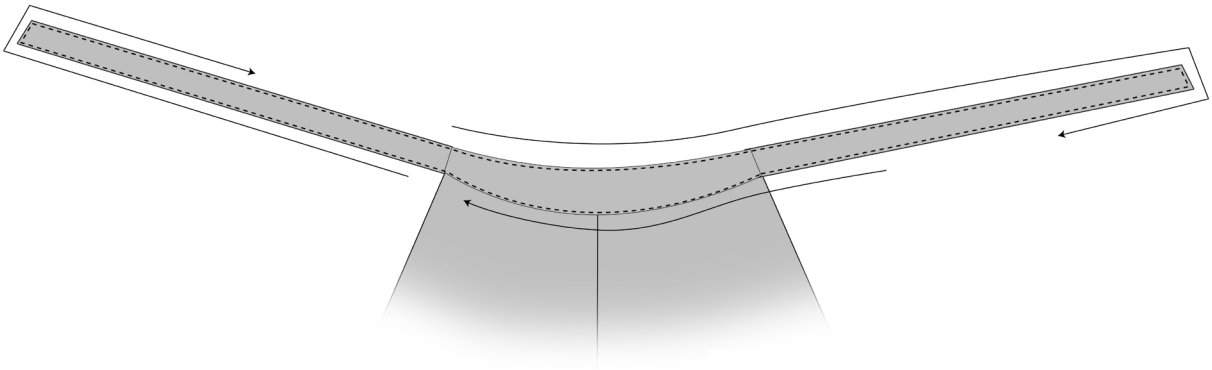


Fold waistband and ties in half lengthwise so that RS are together, press and pin in place if needed. Sew 1cm (⅜ inch) starting from the short end of one side, pivot and sew up to just before the tie meets the front waistband. Repeat to the other side.
Clip corners and turn out the ties. Press.

To sew down the back of the waistband, either hand stitch or top stitch from the top, 3mm (⅛ inch) from the seam, ensuring you are capturing the band on the back side. It is helpful to press and pin it in place and remove the pins as you sew.

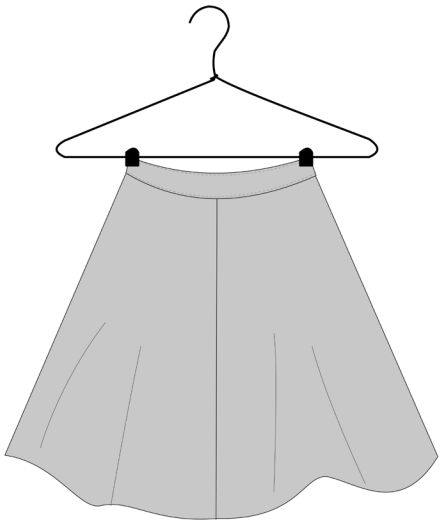


Optional- continue top-stitching all around the edge of the ties and waistband.



Step 10: Let it hang

Before attaching the front and back together, let your skirt front and back hang on a hanger or dress form for a minimum of 24 hours, if not more to allow the sides that are on the bias to stretch out. After hanging, the hem will need to be trimmed where it has grown. Every fabric type will behave a bit differently, and therefore some may grow more than others.



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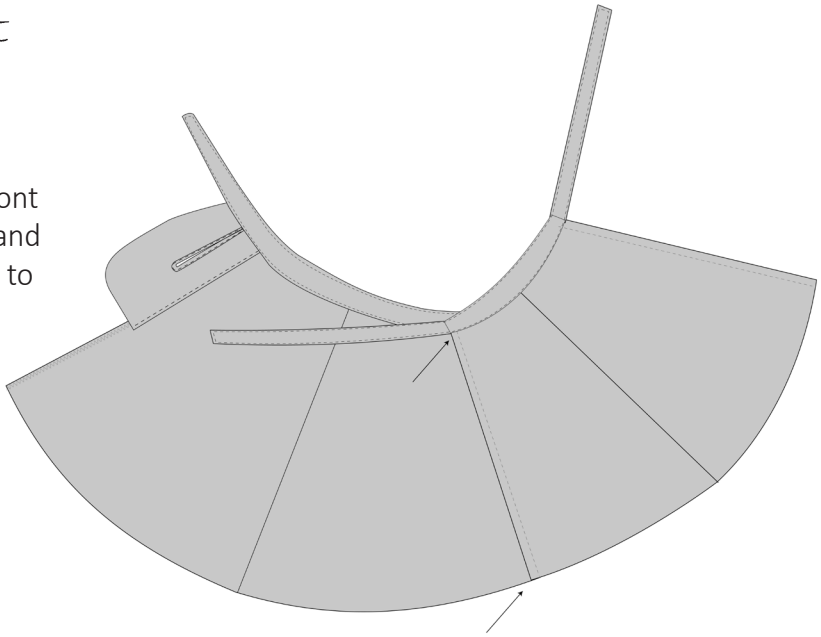
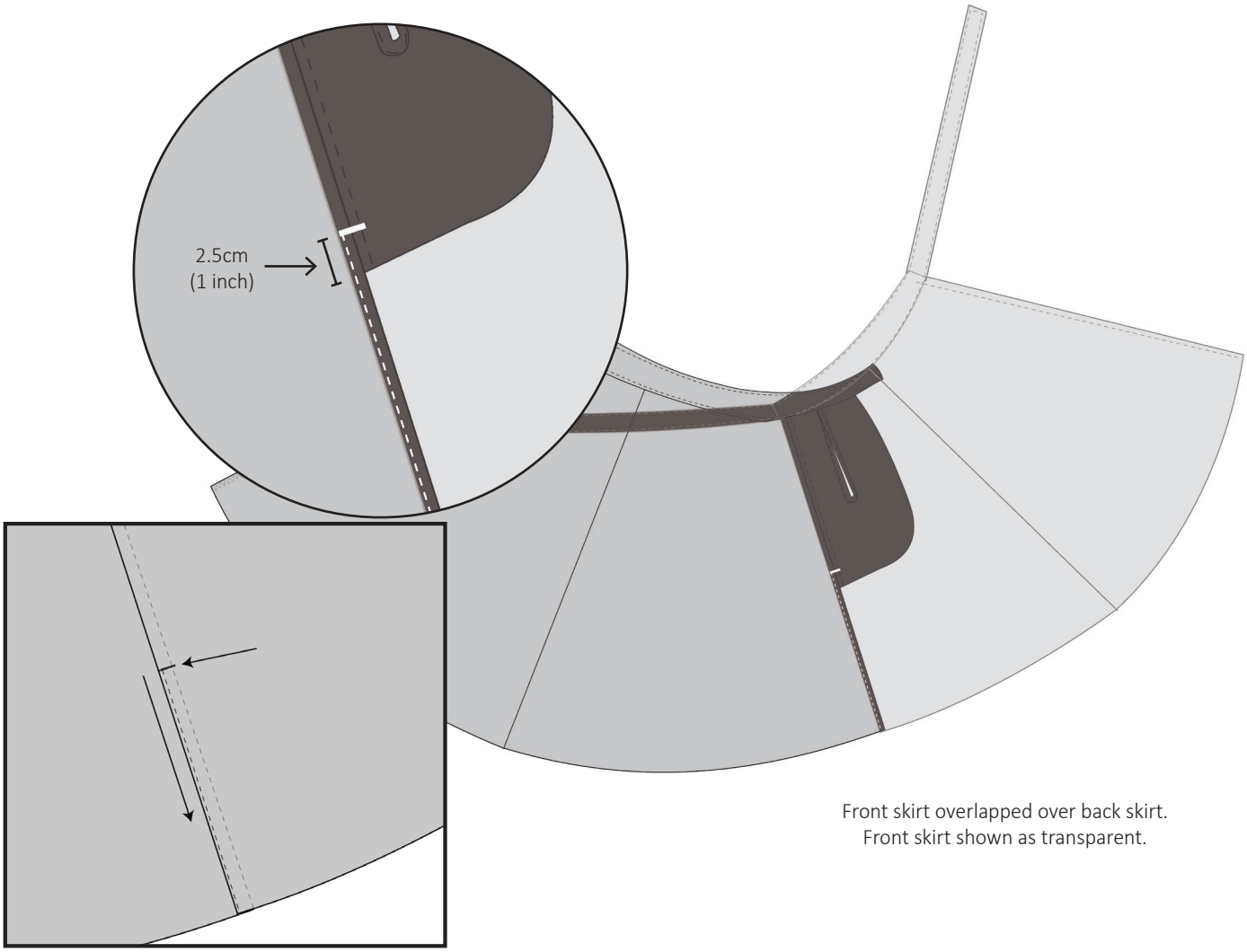
Step 11: Attach the front skirt to the back skirt

Lay the back skirt RS up and overlap the front (RS facing up) over it. Align the top waistband seam, and pin down the length of the side to keep in place.



Mark with chalk 2.5cm (1 inch) above the bottom edge of pocket and create a bar tack horizontally, then pivot and top-stitch down towards hem along the edge of the front skirt 2-3mm (<⅛ inch) from edge. Repeat the same process on the other side.



Front skirt overlapped over back skirt.
Front skirt shown as transparent.

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Step 12: Hem

You can choose to finish your skirt hem with a bias hem facing (as follows), or another method if you prefer such as a narrow hem, lace tape, etc.

To create the bias hem facing you will need to first determine the length of bias strip. This will depend on the length and size of your skirt. After you've trimmed your skirt, measure around the hem to find out the length you will require for your bias hem facing.

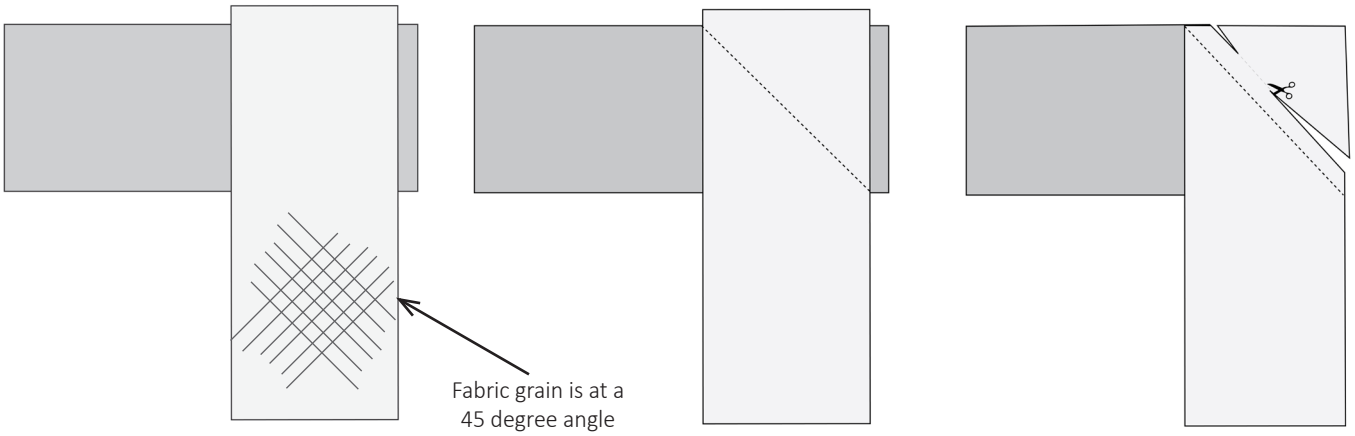
Use the bias hem ruler (#14) downloaded here: https://www.wildflowerdesignpatterns.com/post/my-favourite-way-to-hem-a-circle-skirt as a measuring and cutting guide, to cut out the appropriate amount of bias strips to finish your skirt. Alternatively you can make your strips without the ruler by making them about 8-9 cm wide (3.5 inches).

Make the bias facing:

Place bias strips RS together, one horizontally and the top piece vertically. Overlap them so the ends stick out a bit.

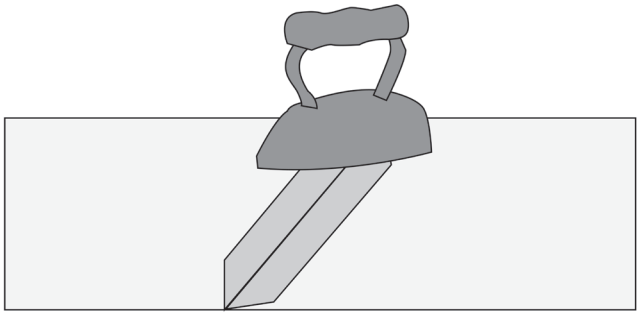
Sew the pieces together starting at one corner and ending at the opposite corner. Make sure to back stitch a couple times at the beginning and end of the seam.

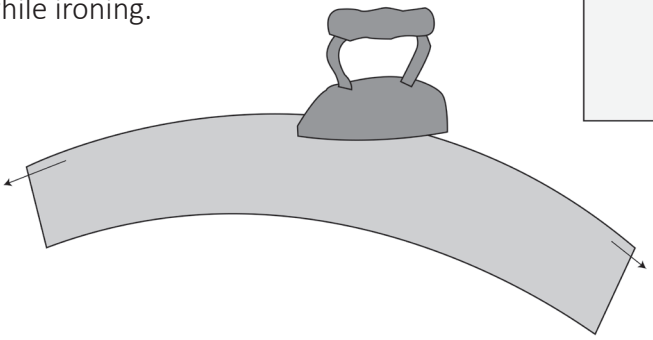
Trim excess, leaving about 1cm (⅜ inch) Seam Allowance (SA).



Press open seam.

Optional: Before pinning bias strip to the hem, you can "shape" the strip into a more rounded shape with your steamy iron, curving and gently pulling on the top edge on one side while ironing.





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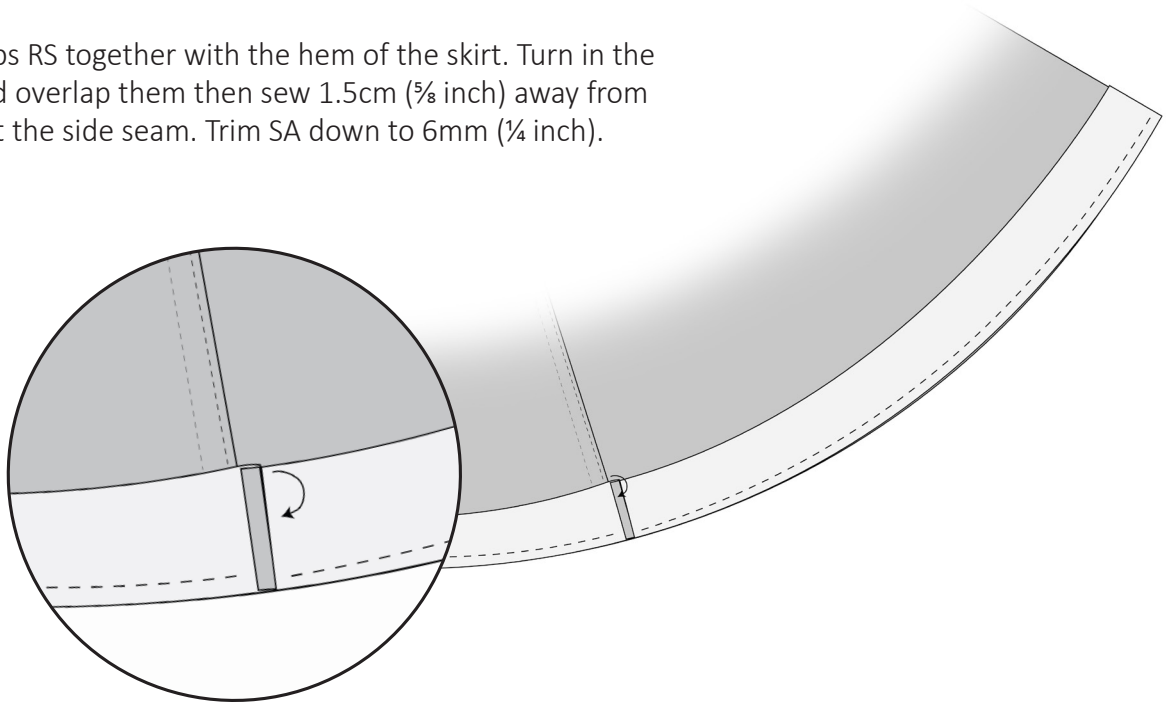
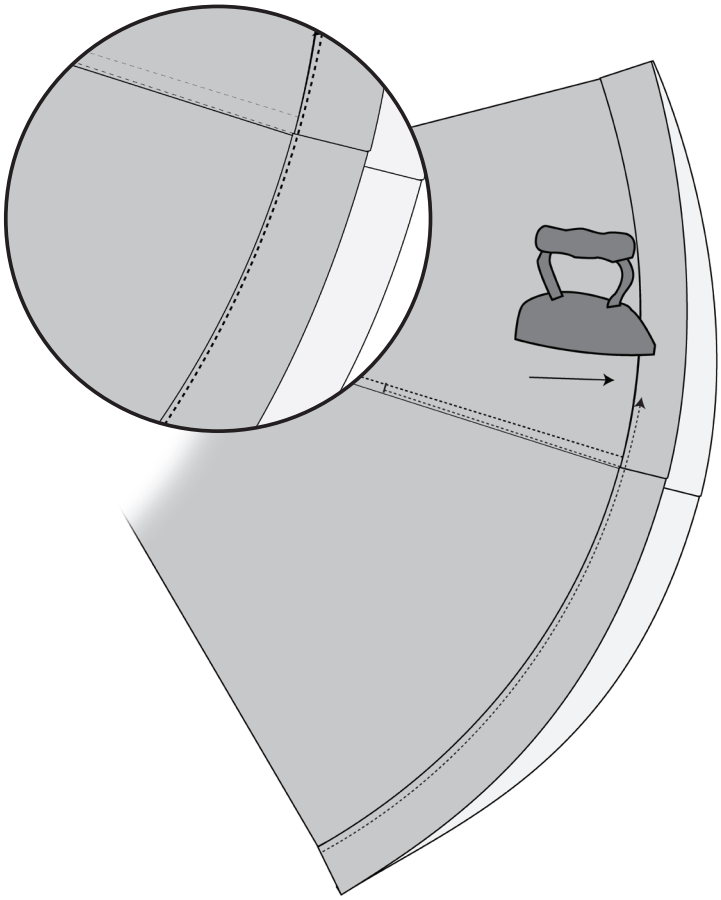
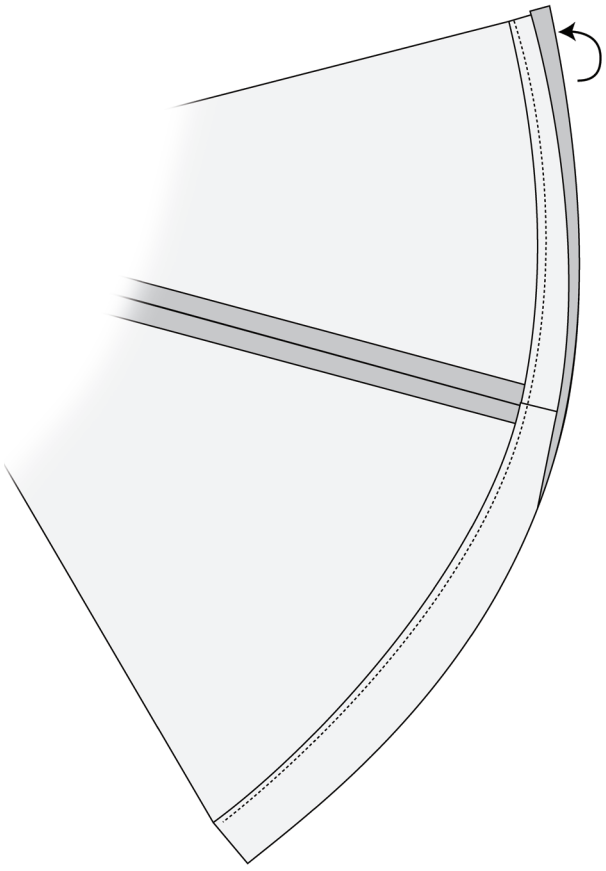
Pin the bias strips RS together with the hem of the skirt. Turn in the short edges, and overlap them then sew 1.5cm (⅝ inch) away from edge. Starting at the side seam. Trim SA down to 6mm (¼ inch).



Remove pins and press down the bias strip and under-stitch it to the SA 3mm (⅛ inch) away from seam.



Turn skirt inside out then fold and press the raw edge of the bias strip in by 1.5cm (⅝ inch) and then fold that in and press it to the WS of the skirt.



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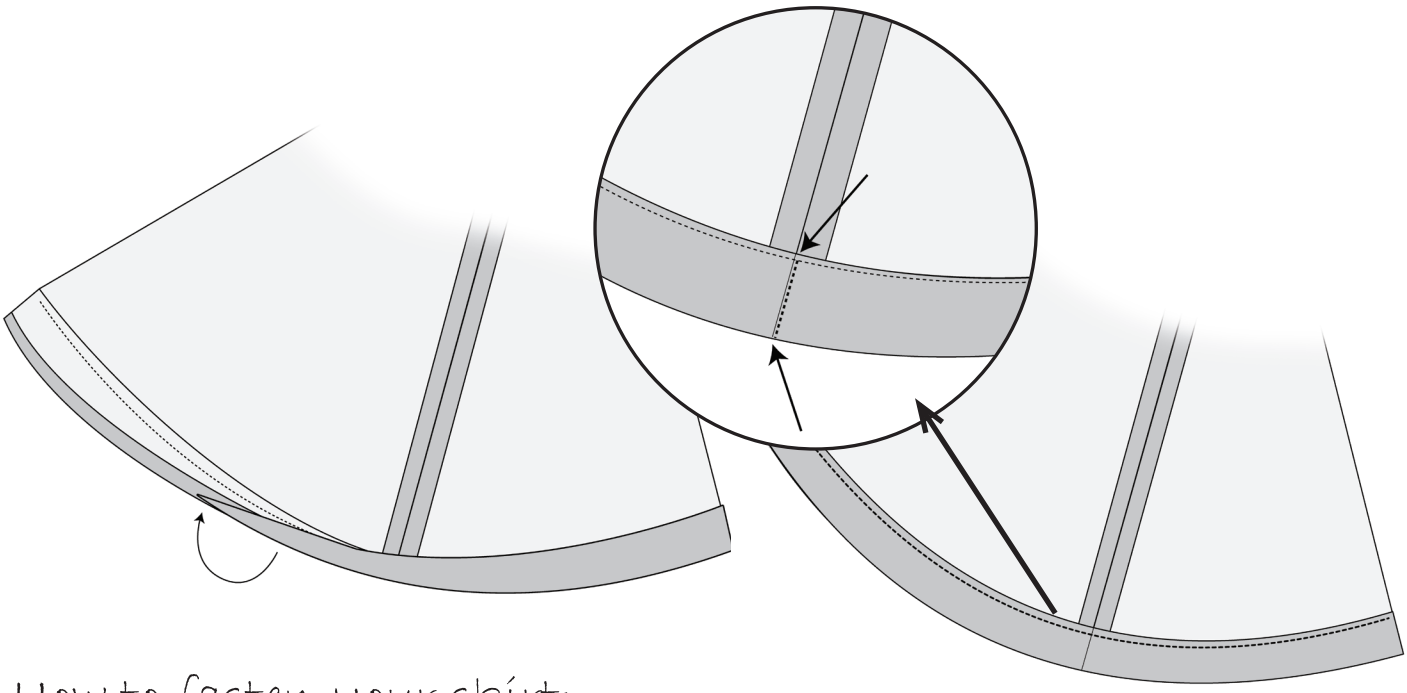
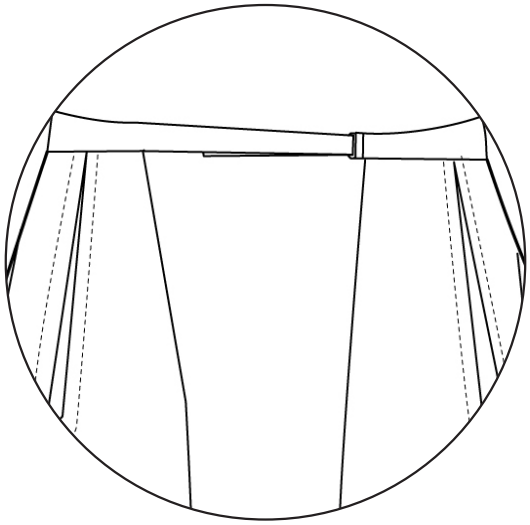
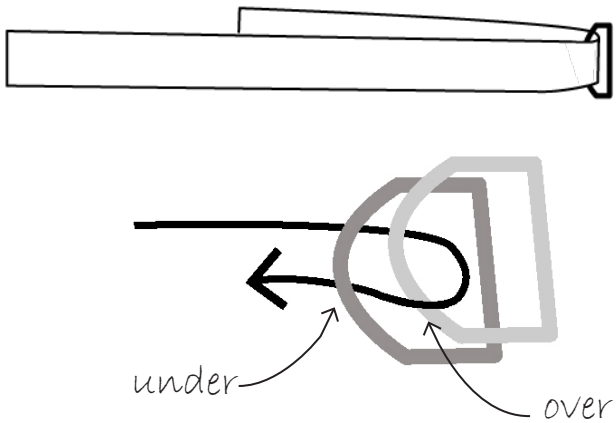
Pin and sew along the edge of strip, at about 2-3mm (<⅛ inch). Stitch vertically into the side seam to tack down the edges bias strip.



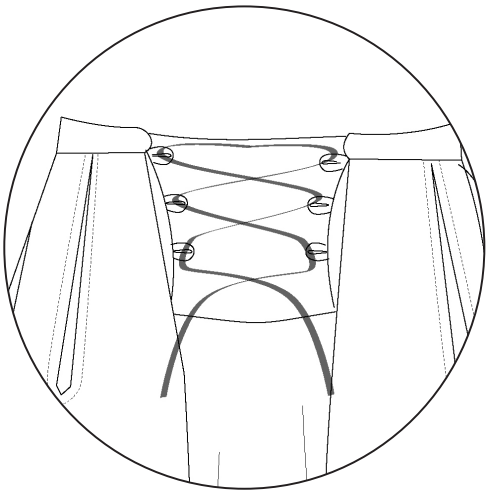
How to fasten your skirt:

View A: insert waistband end in through both D rings, then back around through the first one, making sure the loose end is towards the **inside** of the skirt.





View B: Simply lace up though the loops. You can decide to have the bow at the top or the bottom.



And voila! You now have a new skirt!

Thank you for making the "Coquelicot skirt", and for supporting Wildflower Design! 🙂 *If you wish you can share your new skirt and join the community by tagging @wildflower__design and using the hashtag #wfcoquelicotskirt and #wildflowerdesignpatterns.*

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